



INDIAN SCHOOL AL WADI AL KABIR

Class: X	SUBJECT: HOME SCIENCE	Date of submission: 05/05/2025
Worksheet No: 01	CHAPTER : 1- Play	Note: A4 FILE FORMAT
NAME OF THE STUDENT:	CLASS & SEC:	ROLL NO.

MULTIPLE CHOICE QUESTIONS

1. Choose the most suitable toy for a three-month old child:

- a. Doll b. Train c. Rattle d. Blocks

2. Two Children are playing doctor and nurse. Their play is:

- a. Exploratory b. Natural c. Serious d. Curious

ASSERTION-REASONING QUESTIONS

3. Assertion (A): Play is Natural and no one teaches.

Reason (R) :Children are very curious about everything, a new toy, a new appliance,their environment,bodies etc.

Select the most appropriate answer from the options given below:

- a. Both A and R are true and R is the correct explanation of A.
b. Both A and R are true but R is not the correct explanation of A.
c. A is true but R is false.
d. A is false but R is true

4. Given below are two statements labelled as Assertion (A) and reason (R)

Assertion (A): Play is active

Reason (R) :Children jump up & down ,run around while playing.

Select the most appropriate answer from the options given below:

- a. Both A and R are true and R is the correct explanation of A.
- b. Both A and R are true but R is not the correct explanation of A.
- c. A is true but R is false.
- d. A is false but R is true

5. **Assertion (A): Play does not teach the children to control their emotions.**

Reason (R) :Dramatic play with friends diminishes the communication and problem solving skills of children.

Select the most appropriate answer from the options given below:

- a. Both A and R are true and R is the correct explanation of A.
- b. Both A and R are true but R is not the correct explanation of A.
- c. A is true but R is false.
- d. Both A and R are false.

6. **Assertion (A): Play teaches a child to be honest.**

Reason (R) :No one would like to play with a child who cheats.

Select the most appropriate answer from the options given below:

- a. Both A and R are true and R is the correct explanation of A.
- b. Both A and R are true but R is not the correct explanation of A.
- c. A is false but R is true.
- d. A is true but R is false.

TWO MARKS QUESTIONS

- 7. With the help of example, show how play is exploratory for children.
- 8. Play is natural. Elaborate the characteristics of play by giving appropriate examples.
- 9. Mrs.Verma wants to buy a toy for her son. Suggest four features she should check to ensure that the toy is safe.

OR

- 10.What four points would you inspect in a toy for a 2-year-old child?

THREE MARKS QUESTIONS

11. Define Home Science. In what ways home science empowers learners?
12. Define Play. Explain how the children get benefitted while playing.
13. Play is important for mental and social development of children. Support your answer with appropriate examples.

FOUR MARKS QUESTIONS

14. Explain the influence of play on the physical development of a child with examples.

PREVIOUS BOARD QUESTIONS

MULTIPLE CHOICE QUESTIONS

15. A child is sitting in the room and playing with puppets. What type of play is this?
- a. Natural Play b. Active Play c. Curious Play d. Passive Play
16. What kind of toy is appropriate for six months old Raj?
- a. Illustrated books b. Squeaky toys c. Building blocks d. Interlocking toys
17. Anup likes to solve different types of puzzles. It will help in developing his _____ skills.
- a. Social b. Emotional c. Physical d. Cognitive
18. Shylok is five years old and has started going to primary school. Which social skills is displayed by him while interacting with others?
- a. Prefer playing alone b. Sharing and cooperation
- c. Keep secrets d. Long lasting relationship with friends
19. Play is a _____ and joyful activity.
- a. Magical b. Emotional c. Spontaneous d. Calculated
20. Meena is buying a toy for her niece who is three years old, which of the following statement not to be considered while buying toys for her?
- a. Expensive b. With soft edges c. ISI marked d. Colour fast

21. Match List I with List II

List I (Types of play)

- A. Passive
- B. Curious
- C. Active

List II (Examples)

- I. Play of Doctor-patient
- II. Cycling
- III. Playing with dolls

D. Serious

IV. Opening of car toy

Choose the correct option from the following

a. A – III; B – IV; C- II; D – I

b. A – IV; B – III; C- II; D – I

c. A – II; B – III; C- IV; D – I

d. A – I; B – II; C-III; D – IV

22. Which toys will you purchase for two-year old child?

i. Teethers

ii. Wind Chimes

iii. Plastic gardening tools

iv. Building blocks

Choose the correct option:

a. i and ii

b. ii and iii

c. i and iv

d. iii and iv

ASSERTION-REASONING QUESTIONS

23. Given below are two statements labelled as Assertion (A) and reason (R)

Assertion (A): Play teaches a child to be honest.

Reason(R): Children learn about new objects while playing.

Select the most appropriate answer from the options given below:

a. Both A and R are true and R is the correct explanation of A.

b. Both A and R are true but R is not the correct explanation of A.

c. A is true but R is false.

d. A is false but R is true

24. Given below are two statements labelled as Assertion (A) and reason (R)

Assertion: Playing can influence social and emotional development.

Reason : It helps to realise gender roles since childhood.

Select the most appropriate answer from the options given below:

a. Both A and R are true and R is the correct explanation of A.

b. Both A and R are true but R is not the correct explanation of A.

c. A is true but R is false.

d. A is false but R is true.

25. Given below are two statements labelled as Assertion (A) and reason (R)

Assertion (A) : Play can take away the sense of curiosity as it doesn't have any aim.

Reason(R) : Colourful toys are strong and sturdy.

Select the most appropriate answer from the options given below:

- a. Both A and R are true and R is the correct explanation of A.
- b. Both A and R are true but R is not the correct explanation of A.
- c. A is true but R is false.
- d. Both A and R are false.

TWO MARKS QUESTIONS

26. A 3-year-old Riyanshi do not want to play with others. She enjoys playing with herself.

- a. What would be the two drawbacks of not engaging in play with others?
- b. Suggest any two appropriate toys for her which promotes overall development of Riyanshi

27. Differentiate between exploratory and serious play with the help of an example for each.

28. Skill of a Home Science student can help her family to increase the real income. Support the statement with the help of any eight examples.

THREE MARKS QUESTIONS

29. "Play is an important part of childhood." Justify this statement highlighting the importance of play in child development with three examples.

30. You are going to the birthday party of your nephew who is turning one year of age. You plan to carry a toy as the gift. What points (any six) would you keep in mind while selecting the toy?

ANSWER KEY	
<u>MULTIPLE CHOICE QUESTIONS</u>	
1.	c. Rattle
2.	c. Serious
<u>ASSERTION-REASONING QUESTIONS</u>	
3.	b. Both A and R are true but R is not the correct explanation of A. Hint: Assertion is about of natural play and Reason given the explanation of curious/ exploratory play, which is not the explanation of natural play.
4.	a. Both A and R are true and R is the correct explanation of A. Hint: In active play children jump up and down.

5.	d. Both A and R are false. Hint: Play teaches them to control their emotions & Dramatic play develops the communication and problem-solving skills of the children.
6.	a. Both A and R are true and R is the correct explanation of A. Hint: Play teaches child to be honest and its explanation given as reason R.
<u>TWO MARKS QUESTIONS</u>	
7.	Children are very curious about everything, a new toy, a new appliance, their environment, bodies etc. Their curiosity makes them pull their clothes to examine their bodies, open up their toys, put their fingers in electric sockets to see what is inside. They may often get hurt in the process.
8.	Play is natural. Boys and girls take their roles naturally and no one teaches them while playing. ❖ While playing in a group a girl would naturally and automatically assume the role of her mother, whereas a boy would take up the role of his father. ❖ Girls would naturally love to play with dolls whereas the boys would naturally play with cars. ❖ If a boy becomes doctor, then the girl would become the patient. (Any two points)
9 & 10.	➤ Toys should not be so small ➤ Non-toxic ➤ Age appropriate ➤ Soft with round edges without any sharp edges. ➤ Colour fast and non-toxic ➤ ISI marked toys ➤ Bright & colourful ➤ Strong & durable ➤ Not be too expensive (Any four points)
<u>THREE MARKS QUESTIONS</u>	
11.	Home science is a practical science that helps an individual to handle the responsibilities of the life. Home Science empowers learners to understand five different areas namely: 1) Foods and Nutrition 2) Human Development and Childhood Studies. 3) Resource Management 4) Fabric and Apparel Sciences 5) Community Development and Extension
12.	Play is a spontaneous and natural activity, often without any aim. While playing children get benefitted in the following ways; *Children think and try out new ideas *They learn and use their imaginations *Help them to Practice grown up behaviours. *Play makes them happy and satisfied.
13.	Play stimulates mental development. *Children learn about a new object by touching, feeling and tasting it.

	*By curiosity they may break the toys to see how it works. This stimulates their mental development. *Building blocks teaches math skills to the children while they are fixing things together. Play also influences social development. ❖ Children learn to share toys, learns how to play in a group, wait for their turn. ❖ They also imitate adult roles.e.g. while playing make -believe games, girls would do the cleaning or cooking and boys would fetch water. ❖ Dramatic play with friends also teaches them communication skills and problem solving.
	<u>FOUR MARKS QUESTIONS</u>
14.	Play influence physical development of a child while he jumps, skips, hops, runs etc. in the following ways:- 1) Increases blood circulation 2) Improves digestion and metabolism 3) Increases height and weight 4) Makes a child taller and stronger 5) Strengthen muscles. 6) Helps the child to control his body Example. Playing ball uses their large muscles and helps the children to control their bodies.
	<u>PREVIOUS BOARD QUESTIONS</u>
	<u>MULTIPLE CHOICE QUESTIONS</u>
15.	d. Passive Play
16.	b. Squeaky toys
17.	d. Cognitive
18.	b. Sharing and cooperation
19.	c. Spontaneous
20.	a. Expensive
21.	a. A – III; B – IV; C- II; D – I
22.	a.iii and iv
	<u>ASSERTION-REASONING QUESTIONS</u>
23.	b. Both A and R are true but R is not the correct explanation of A. Hint: Both the statements are true, the reason given is the explanation of play stimulates mental development.
24.	b. Both A and R are true but R is not the correct explanation of A.
25.	d. Both A and R are false.
	<u>TWO MARKS QUESTIONS</u>
26.	a. Drawbacks of not engaging in play with others are- Riyanshi (Child) will not- • become stronger • learn to share toy • learn how to play in group • wait for their turn • learn to control emotion • improve her communication & social skills

	(Any two points) b) Two appropriate toys which promotes overall development of Riyanshi  Illustrated books  Wooden puzzles  Memory games  Construction toys (Any two toys)
27.	When children explore and try out new ideas, it is called exploratory play. A child is curious about a new toy, an appliance, or their environment. Example1: Opening up of toys. Example2: They examine their bodies by pulling their clothes up Example3: They put their fingers in electric sockets, sometimes getting hurt in the process. When action of child is done seriously is known as serious play. A child follows rules while playing games, indicating structure and seriousness in their play. For example- In a make-believe play of doctor –patient, the doctor pretends to put an injection after rubbing the area with cotton. The patient enact the pain.
28.	1) By taking cookery classes 2) By growing vegetables in garden 3) By teaching siblings 4) By stitching own clothes 5) Make candles and soap 6) Weave sarees 7) By selling preserved food items 8) By opening day-care centre at home
	<u>THREE MARKS QUESTIONS</u>
29.	❖ Play is an important part of childhood in the growth and development. 1. Play helps in physical development Eg. When a child jumps,skips, runs, his blood circulation, breathing and digestion increases that helps a child to increase his height and weight and makes him taller and stronger. 2. Play helps the child to develop eye and hand co-ordination. Eg.1.To put buttons in his shirt 2.Drawing with crayons 3.Pouring water from one tumbler to another. 3. Play stimulates mental development. *Children learn about new object while playing by touching / feeling. Eg.1With curiosity, they may break their toys to see how it works.

	2. Building blocks teaches math skills 4. Play influences social and emotional development. Eg.1.Children learn to share through toys. 2.Learns to play in groups 3.learn to wait for their turn 4.They learn adult roles by imitation. 5.While playing make-believe games, girls would do the cleaning and boys would fetch water. 6.They learn communication & problem solving skills from dramatic play with friends. 5. Play teaches them to control their emotions. They learn not to be angry or cry when hurt. Eg. Children may not cry in school in front of their friends, when they get hurt in school ,but they may cry at home in front their parents at home 6. Play teaches a child to be honest. They learn to obey rules and regulations of the game. They know no one would like to play with a child who cheats in the game. 7. Play helps to let out child's emotions. A child may get over his anger by throwing a toy or hitting a doll for some time. (Any three points with eg.)
30.	Refer Answer of question 9& 10. (Any six points has to write as answer)

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